## **Applicant Registration Form - Lifeguarding for Dubai**



It is a requirement that each person wishing to be certificated as a Lifeguard **must complete and sign** this form, including those who are going to retake the examination, with the following documents attached:

- · Passport copy with residence visa page/EID/Labour Card (or valid ID issued by the relevant government).
- Coloured photograph (35mmx45mm) not older than 6 months and not digital.
- · Proof of training (if relevant), and
- Evidence of work experience.

Please complete in **BLOCK CAPITALS** or **tick the box** 

Training Centre:  Training Venue:		Trainer:  Course start date:  Course end date:  Examination Date:			
signing this form, the centre confirms that the applican lease see the back of this form).	nt has complied with the prere				
Name		Signature		Date	
. Applicant Information*					
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Telephone:		Email:			
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iender: MALE FEMALE		Date of Birth:			
dighfield assures that all the applicant information obtourly without consent of the applicant except where the subject to the applicant except where the subject to the su	law requires such information			cant photo and Sigr	
I I confirm to the best of my knowledge the information provided is correct. I agree to adhere to HABC MEA and Dubai Municipality ("DM") requirements for certification (e.g.: Substance Abusive Policy and Code of Ethics.) and that I will supply HABC MEA with further information on request. I confirm that I will comply with the HABC and DAC use of logo policy and the relevant provisions of the Lifeguard certification scheme. I will keep details of my examination material confidential and I will not participate in fraudulent test-taking practices.	, , ,		Stick (glue stick, no staples) colour photograph (35mm x 45mm - passport photo) not older thar (NO digital) here. If you cannot stick the colour p here. Please, include this one in your documenta Photograph  Front of photograph  Peel from front		graph der than 6 mc colour photog umentation.
Applicant Signature			Front of photograph	HABC Use only  Peel from front  Front of photograph	Front of photograph
nportant: Please ensure that your signature is inside the box as it will stored electronically and may be used for verification purposes.			·		j
. <b>Highfield check</b> (This section is for Highfield use only Reviewed by:	Date:		 Signature:		
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## Dubai Municipality and Public Health & Safety Department; Lifeguard Scheme requirements, Issue No.1

## Lifequard candidate prerequisites

- 1. Be at least 16 years old.
- **2.** Swim continuously in a strong manner for:
  - a. 50m non-stop in a comfortable manner for a Shallow Water Lifeguard in less than 1.5m depth.
  - b. 100m non-stop in a comfortable manner for a Pool Lifeguard in over 1.5m depth.
  - c. 200m non-stop in comfortable manner for a Beach/Waterfront Lifeguard.
- 3. Perform a surface dive and recover a 4kg weight at a depth of:
  - a. 1.5m for a Shallow Water Lifeguard, where shallow water means that the depth is maximum 1.5m.
  - b. 3m or the deepest depth of the facility in which they will be lifeguarding.
  - c. 5m for Beach/Waterfront Lifeguard.
- 4. Tread water for at least:
  - a. 5 minutes for a Pool Lifeguards.
  - b. 10 minutes for Beach Lifeguards.

Prerequisites, set by the accredited certification body, may exceed those listed above, but may not fall short of it.